

## Sustainability

#### The New Buzz Word for Tobacco Prevention and Control

Terry Reid, Program Manager
Tobacco Prevention and Control Program
Washington State Department of Health

### So Far So Good.....

- Adequate funding
- Solid political support
- Partnerships are working
- Evidence-based practices

.....but there remains much to do

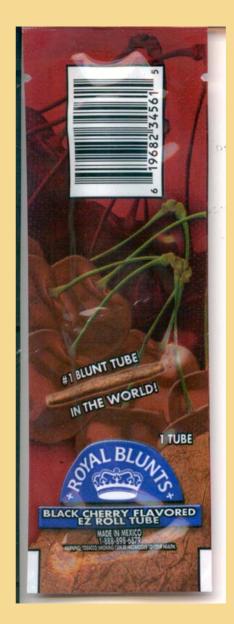
## Tobacco Industry Still at Work

The Tobacco Industry continues to be a strong factor working against success in our state.

- Influencing state policy
- Fighting against local policy
- Deceptive "educational" materials
- New products aimed at kids



**Package Front** 



Package Reverse

## Funding and Program Life Cycle

TPC Account can support current level funding through SFY 2008.

So, how can we get the most out of the next few years?

## One Answer: Sustainable Change

- Policies
- System and practice change
- Build partnership between tobacco prevention and healthy community development

#### **Objective:**

Update current TPC plan by setting priority outcomes and strategies for the next three to five years.

#### **Process**

- Step 1: Stakeholder survey (10/03)
- Step 2: Stakeholder meeting (11/03)
- Step 3: Input on recommendations (Spring 04)
- Step 4: Stakeholders/DOH confirm recommendations (Summer 04)

#### **Recommended Priorities: Prevention**

- Strengthen school/community norms against tobacco use
- Increase anti-tobacco knowledge/beliefs/attitudes
- Intervene with experimenting youth

#### **Recommended Priorities: Cessation**

- Achieve universal access to cessation support, especially through health insurance
- Expand culturally appropriate and targeted health care intervention

#### **Recommended Priorities: Secondhand Smoke**

- Create new and enforce existing policies
- Motivate public to demand smoke-free air

#### **Recommended Priority: Capacity**

- Maintain on-going quality improvement
- Keep tobacco control on public agenda
- Coordinate stakeholder efforts and resources

#### **New Guiding Principles (DRAFT)**

- Program activities will be culturally appropriate for the audience
- Program activities that lead to sustainable changes will be given priority

## Sustainable Change Example

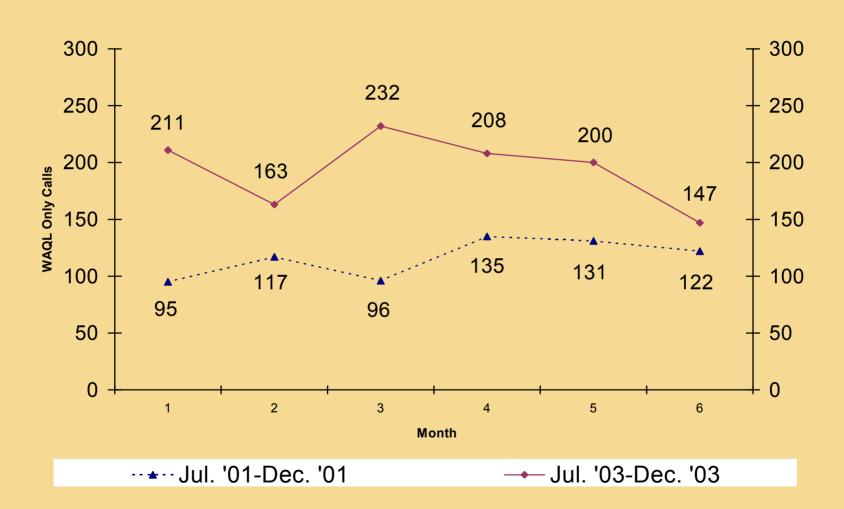
#### **Basic Tobacco Intervention Skills (BTIS)**

- Train health care providers in 5 A's
- Use training of trainers network
- Since 2002:
  - ♦ Estimated 1500-1900 healthcare providers
  - ♦ Estimated 930 First Steps providers

#### Quit Line: "Heard About" as Health Care Provider

'Tobacco Users' Only, Without Follow-Up Calls

July 2001–December 2001 versus July 2003–December 2003



## BTIS Next Steps

- Requirement for community contractors next year
- Target underserved areas
- Transition from training to technical assistance on clinic system change

# Sustainable Change = Changing the Environment

- Policies
- Practices
- People